

KINGSPORT BICYCLE ASSOCIATION

JULY – AUGUST 2008 RIDE SCHEDULE

Join us for a KBA bicycle ride! **We depart from the designated location at the time listed. Arrive 15 minutes early so you are ready at the departure time.** A typical minimum ride pace is between 12-14 mph. **A helmet is required.** We recommend a rearview mirror, personal ID, water bottle, and spare tube as well. If your bicycle is in good condition, you are ready to ride! All adult riders are welcome; each is responsible for his/her own safety. Let's ride together and have some fun!

SPECIAL EVENTS

July 4	Greenville Metric from Colonial Heights Middle School
July 12	Fun Fest Tour de Possum Creek Ridge Ride : 22/27/43 miles
July 12	Hot Doggett 100 and Jim Muesing Memorial Metric , Mars Hill College, NC
July 13	Fun Fest Criterium Race – TCRC
Aug 2	KBA Roan Groan. Ride starts at 9:00AM from Cloudland Elementary School in Roan Mtn.
Aug 30	KBA Folk Arts Center to Mt. Mitchell State Park. Ride begins at 9:30AM.
Sept. 14-20	BRAT: Bike Ride Across Tennessee East TN loop from Warriors Path State Park
Nov 8	KBA Fall Dinner at Southview Park

Hill Ratings: F (Few/Mild), R (Rolling/moderate), H (some Hills long or steep), C (Challenging or Mountainous)

TUE 1, THU 3	6:00PM	Colonial Heights Middle School Parking Lot	Show-N-Go
FRI 4-JUL	8:00AM	Colonial Heights Middle School to Greenville (66,F)	Show-N-Go
SAT 5-JUL	8:00AM	Colonial Heights Middle School to Boones Creek (32,H)	Brian McCrary
SUN 6-JUL	2:00PM	SAIA Transport on Rock Springs Road to Gray (23-38,R)	John Stidham
TUE 8, THU 10	6:00PM	Sullivan South High School Parking Lot	Show-N-Go
SAT 12-JUL	8:30AM	Fun Fest Tour de Possum Creek Ridge Ride (22/27/43) Fee Ride. Reg. begins at 7:00	The Possums
SUN 13-JUL	2:00PM	Amoco at Sullivan Central HS to Piney Flats (30,R)	Jack Hatchett
TUE 15, THU 17	6:00PM	The Shack in Colonial Heights (formerly Motz's Restaurant)	Show-N-Go
SAT 19-JUL	8:00AM	Colonial Heights Middle School to Gray Station: New (21,25,31,36, R-H)	Brian McCrary
SUN 20-JUL	2:00PM	Piney Flats Bicycle Shop to Elizabethton (34,R)	Billy Baxter
TUE 22, THU 24	6:00PM	Eastman Employee Center	Show-N-Go
SAT 26-JUL	8:00AM	Jonesborough Metric in Reverse . Meet at Jonesborough Visitor Center. (39,66,R)	Dan Gothard
SUN 27-JUL	2:00PM	Gate City High School to Ft. Blackmore (36,H-F)	Rick Heppert
TUE 29, THU 31	6:00PM	Former Sam's Warehouse Parking Lot in Blountville	Show-N-Go
SAT 2-AUG	9:00AM	Roan Groan – Eat lunch at Ridgewoods Barbeque afterwards (28,M)	Stewart Millen
SUN 3-AUG	2:00PM	Mountain View UMC to Colonial Heights (20,H)	Rick Heppert
TUE 5, THU 7	6:00PM	Colonial Heights Middle School Parking Lot	Show-N-Go
SAT 9-AUG	8:00AM	Yuma School in Weber City, VA to Rogersville (59,55,F)	Doreen Heppert
SUN 10-AUG	2:00PM	Church of Jesus Christ LDS to Mountaineer (22,R)	Jack Hatchett
TUE 12, THU 14	6:00PM	Sullivan South High School Parking Lot	Show-N-Go
SAT 16-AUG	8:00AM	Wal-Mart in Johnson City to Jonesborough (34,R)	Brian McCrary
SUN 17-AUG	2:00PM	Amoco at Sullivan Central HS to Gray (23-27,R)	Chris Ramsey
TUE 19, THU 21	6:00PM	The Shack in Colonial Heights (formerly Motz's Restaurant)	Show-N-Go
SAT 23-AUG	8:00AM	Sullivan Gardens Middle School to Baileyton, Romeo, Mohawk (40,61,82,F)	Stewart Millen
SUN 24-AUG	2:00PM	Northeast State Technical Community College to Piney Flats (26,29,R)	Billy Baxter
TUE 26, THU 28	6:00PM	Eastman Employee Center	Show-N-Go
SAT 30-AUG	9:30AM	Folk Arts Center off Blue Ridge Parkway in Asheville, NC to Mt. Mitchell (70, C)	Doreen Heppert
SUN 31-AUG	2:00PM	Warriors Path State Park to Blountville (29-31,R)	Dan Gothard

Visit the KBA Website at <http://kba.tripod.com>
Get Maps and Cue Sheets at <http://kba.tripod.com/maps/kbamaps.htm>